

Platz	Nr.	Name, Vorname	Verein/*Ort	Jahr	Platz	AK	Endzeit
1	3966	Kruck, Karsten	Tusem Essen	1978	1	22	00:31:06
2	2671	Werner, Michael	Söhne Schwafheims	1965	1	35	00:32:01
3	2622	Roßmann, Roman	TSV Bayer 04 Leverkusen	1979	2	22	00:33:37
4	3900	Böhme, Marc	LC Duisburg	1965	2	35	00:34:45
5	2574	Mentzen, Jörg	SG Ruhrgas Essen	1979	3	22	00:35:13
6	2855	Schneider, Daniel	LT Starlight Team Essen	1984	1	18	00:35:16
7	2761	Knospe, Andreas	Bunert-Running-Team	1979	4	22	00:35:38
8	2591	Schwarz, Harald	DJK Teutonia St. Tönis	1960	1	40	00:35:38
9	2663	Schoemakers, Michael	VfL Merkur Kleve	1969	1	30	00:36:16
10	2300	Weiss, Annette	Siegburger TV	1968	1	35	00:36:17
11	2596	Kuhnke, Lothar	Tusem Essen	1955	1	45	00:36:17
12	3178	Reckel, Wolfgang	TUS Breitscheid	1959	2	40	00:36:19
13	2551	Borchert, Wolfgang	MC Eschweiler	1963	3	40	00:36:21
14	3192	Ammenwerth, Wim	LT Starlight Team Essen	1973	2	30	00:36:25
15	2563	Przibylla, Rudolf	MC Eschweiler	1960	4	40	00:36:26
16	2707	Schneider, Axel	Söhne Schwafheims	1966	3	35	00:36:49
17	3148	Kawelke, Thomas	SI Sport e.V.	1969	3	30	00:36:59
18	3191	Ammenwerth, Jan	LT Starlight Team Essen	1973	4	30	00:37:16
19	2472	Harder, Jens	Eintracht Duisburg	1968	4	35	00:37:19
20	2999	Ebbrecht, Hartmut	TSV Hochdahl	1956	2	45	00:37:22
21	2575	Mracsek, Peter	SG Ruhrgas Essen	1958	3	45	00:37:28
22	2772	Schostag, Jürgen	Homberger TV	1957	4	45	00:37:45
23	2496	Hitzbleck, Karsten	Eintracht Duisburg	1971	5	30	00:37:53
24	3180	Runte, Meinolf	TUS Breitscheid	1961	5	40	00:37:54
25	3038	Drop, Christian	LAV Bayer Uerdingen/Dorma	1986	2	18	00:37:56
26	3182	Wagner, Patrick	TUS Breitscheid	1983	1	19	00:37:57
27	2332	Kollender, Jan Philipp	LC Duisburg	1986	3	18	00:38:01
28	2580	Theisen, Dr Oliver	SG Ruhrgas Essen	1971	6	30	00:38:02
29	2757	Lehmberg, Volker	Eintracht Duisburg	1972	7	30	00:38:05
30	2756	Lübke, Oliver	PSV Wuppertal	1966	5	35	00:38:06
31	2394	Brunnmeier, Pierre	Family Team Fit 4 Run	1982	2	19	00:38:09
32	3285	Schröder, Werner	FC Nordkirchen	1950	1	50	00:38:11
33	3221	Stahr, Ralf	LG Mülheim	1962	6	40	00:38:18
34	3189	Siekmann, Ulrich	TSV Viktoria Mülheim	1949	2	50	00:38:29
35	2412	Runge, Holger	LG Duisburg-Süd	1962	7	40	00:38:29
36	2736	Gülzau, Fabian	LG Hünxe	1987	4	18	00:38:32
37	2512	Thelen, Thomas	OSC Rheinhausen	1960	8	40	00:38:39
38	2406	Wöhler, Thomas	FC Stoppenberg	1989	1	15	00:38:51
39	2731	Eppendahl, Klaus	Berg u. Ski-Gilde Hatting	1946	1	55	00:39:10
40	2304	Ropertz, Ingo	LC Duisburg	1957	5	45	00:39:22
41	3100	Scharrenberg, Ulrich	TSV Hochdahl	1948	2	55	00:39:28
42	2593	Brahm, Thomas	DJK Teutonia St. Tönis	1985	5	18	00:39:37
43	2749	Tohermes, Kurt	LG Hünxe	1955	6	45	00:39:39
44	3185	Hermann, Klaus	TSV Viktoria Mülheim	1949	3	50	00:39:44
45	3203	Drop, Ulli	VFB Alemannia Pfalzdorf	1960	9	40	00:39:52
46	2452	Niklass, Kai	*Oberhausen	1986	6	18	00:40:07
47	3264	Leifkes, Steffen	LG Coesfeld	1987	7	18	00:40:17
48	2589	Dohm, Markus	DJK Teutonia St. Tönis	1960	10	40	00:40:26
49	3236	Mroß, Thomas	Söhne Schwafheims	1967	6	35	00:40:27
50	3012	Haberscheidt, Ralf	FC Stoppenberg	1963	11	40	00:40:32
51	2447	Busch, Thomas	TUS Neumühl	1980	5	22	00:40:35
52	2419	Hanzen, Michael	Homberger TV	1954	7	45	00:40:39
53	3097	Bünder, Heinz	FC Nordkirchen	1959	12	40	00:40:40
54	3109	Schwoll, Detlef	Styrumer Turnverein 1880	1958	8	45	00:40:41
55	2767	Ettelt, Stefan	LT Starlight Team Essen	1983	3	19	00:40:41
56	2565	Stetter, Dieter	Homberger TV	1958	9	45	00:40:45
57	2658	Körschgen, Norbert	RTB Remscheid Marathon-Te	1952	4	50	00:40:45
58	2706	Feyen, Ulrich	*Tönisvorst	1960	13	40	00:40:48
59	3018	Kolb, Thomas	SV Siemens	1964	7	35	00:40:48
60	2465	Echtenbruck, Peter	TV Walsum Aldenrade	1956	10	45	00:40:50
61	2699	Gusek, Herbert	USC Bochum	1951	5	50	00:40:54
62	2602	Wolf, Marcel	TV Wanheimerort	1987	8	18	00:40:57

63	3053 Maas, Steffen	*Moers	1982	4	19	00:41:00
64	3190 Lenk, Rolf	TGÜ Gelsenkirchen	1945	3	55	00:41:03
65	3041 Franzen, Jannis	LC Duisburg	1985	9	18	00:41:26
66	2536 Brose, Karl	Marathon Dinslaken	1952	6	50	00:41:31
67	2737 Makosch, Nils	LG Hünxe	1989	2	15	00:41:33
68	2740 Renn, Florian	LG Hünxe	1990	3	15	00:41:50
69	2605 Sommer, Martin	TV Wanheimerort	1968	8	35	00:41:51
70	2365 Bischoff, Bettina	SV Gladbeck 13	1966	2	35	00:41:57
71	2587 Schuh, Andrea	DJK Teutonia St. Tönis	1963	1	40	00:41:59
72	2680 Zoll, Esther	Eintracht Duisburg	1962	2	40	00:42:01
73	2620 Nathofer, Karl-Heinz	TV Jahn Hiesfeld	1951	7	50	00:42:11
74	3040 Hauptstein, Jürgen	rennstall lichtenhagen	1959	14	40	00:42:12
75	2627 Greilich, Florian	TUSPO Huckingen	1979	6	22	00:42:13
76	2330 Speckmann, Heike	LAV Oberhausen	1965	3	35	00:42:15
77	2691 Kaiser, Claudia	TSV Bayer 04 Leverkusen	1982	1	19	00:42:32
78	3030 Buck, Daniel	*WUPPERTAL	1985	10	18	00:42:37
79	3239 Wilczek, Ralph	L-Carn-Team	1971	8	30	00:42:40
80	3243 Malburg, Ulrich	TVE Essen Burgaltendorf	1960	15	40	00:42:47
81	3242 Bockholt, Andreas	Pego Laufftreff	1973	9	30	00:42:51
82	3168 Hillen, Tobias	DLRG-Rheurdt	1981	5	19	00:42:52
83	3153 Philipsen, Nikolas	SI Sport e.V.	1970	10	30	00:42:54
84	3091 Krsak, Günther	*Wesel	1949	8	50	00:42:54
85	3197 Dickmann, Roland	LAV Oberhausen	1941	1	60	00:42:56
86	2951 Breitfeld, Susanne	Homberger TV	1967	4	35	00:42:57
87	2397 Abels, Markus	Viktoria Winnekendonk	1968	9	35	00:43:08
88	3266 Konert, Markus	LG Coesfeld	1976	7	22	00:43:14
89	2367 Ries, Thomas	*Mülheim	1965	10	35	00:43:22
90	2703 Dewald, Karl-Heinz	*Duisburg	1944	4	55	00:43:25
91	2765 Schepker, Klaus	Duathlon Team Essen	1953	9	50	00:43:29
92	2547 Salewsky, Michael	SG Stern Düsseldorf	1965	11	35	00:43:34
93	2705 Feyen, Rainer	*Tönisvorst	1954	11	45	00:43:35
94	3263 Schumacher, Tobias	LG Coesfeld	1986	11	18	00:43:44
95	2505 Peters, Sven	Styrumer Turnverein 1880	1971	11	30	00:43:49
96	2323 Müller, Lisa	ASV Duisburg	1985	1	18	00:43:56
97	3099 Hirsch, Joachim	TSV Hochdahl	1952	10	50	00:44:01
98	2516 Mellinghoff, Elke	Homberger TV	1956	1	45	00:44:04
99	3237 Blome, Jan	LG Coesfeld	1987	12	18	00:44:12
100	2557 Penner, Ralph	*Wuppertal	1953	11	50	00:44:16
101	3279 Litschke, Herbert	Haste Töne Dinslaken	1967	12	35	00:44:18
102	3265 Konert, Christian	LG Coesfeld	1979	8	22	00:44:19
103	2745 Liß, Carolin	LG Hünxe	1990	1	15	00:44:24
104	2322 Müller, Nils	ASV Duisburg	1992	4	15	00:44:28
105	2760 Roeser, Sabine	LG Hünxe	1970	1	30	00:44:31
106	2526 Becker, Udo	LC Duisburg	1945	5	55	00:44:34
107	2326 Jakobs, Manfred	ETUS Wedau	1945	6	55	00:44:39
108	2694 Lis, Gerd	*Dinslaken	1955	12	45	00:44:40
109	3007 Lange, Jörg	SV Beeckerwerth	1967	13	35	00:44:41
110	3267 Wude, Michael	LG Coesfeld	1961	16	40	00:44:45
111	3183 Stelkens, Angela	TSV Viktoria Mülheim	1950	1	50	00:44:48
112	2682 Budnik, Sven	LG Ratingen	1988	5	15	00:44:48
113	2752 Backhaus, Sigrid	LG Hünxe	1954	2	45	00:44:49
114	2862 Uellenberg, Bernd	BSG SK Dinslaken-Voerde-H	1951	12	50	00:44:50
115	2630 Kreuz, Matthias	LG Dorsten	1987	13	18	00:44:52
116	2693 Coppel, John	Wilco 99	1946	7	55	00:44:56
117	2328 Korstian, Peter	*Duisburg	1964	14	35	00:44:57
118	2704 görlner, armin	SV Willich	1963	17	40	00:45:02
119	2550 Barth, Friedhelm	MC Eschweiler	1959	18	40	00:45:08
120	2868 Buck, Michael	*Wuppertal	1954	13	45	00:45:09
121	3209 Wendelin, Gustav	LT Kettwig 2000	1947	8	55	00:45:12
122	2476 Lempken, Heinz	*Duisburg	1962	1	40	00:45:23
123	2601 Mielke, Benjamin	TV Wanheimerort	1987	14	18	00:45:25
124	2634 Hamann, Peter	*Mülheim an der Ruhr	1957	14	45	00:45:28
125	3158 Liefening, Wolfgang	KG Wanderfalke Essen	1936	1	65	00:45:30

126	2364 Görigk, Silvia	Wedau-Runner Duisburg	1967	5	35	00:45:30
127	2739 Höpken, Björn	LG Hünxe	1990	6	15	00:45:39
128	3282 Reulecke, Nina	VT 1859 Kempen	1983	2	19	00:45:42
129	2384 Zimmermann, Jörg	ASCD	1959	19	40	00:45:43
130	2631 Wirz-Fischer, Ursula	Tusem Essen	1953	2	50	00:45:45
131	2329 Winter, David	TUS Hamborn-Neumühl	1988	7	15	00:45:48
132	2732 Bühnen, Christian	BSG WAZ Essen	1969	12	30	00:45:49
133	2681 Hüskens, Stephan	*Essen	1963	20	40	00:45:52
134	2742 Sanders, Torsten	LG Hünxe	1994	8	15	00:46:04
135	3206 Jansen, Torsten	LT Kettwig 2000	1968	15	35	00:46:06
136	2769 Deelmann, Ursula	TSV Bayer 04 Leverkusen	1982	3	19	00:46:23
137	2393 Reinhold, Volker	Eintracht Duisburg	1954	15	45	00:46:27
138	2617 Hoerner, Peter	*Bottrop	1955	16	45	00:46:29
139	2407 Tintrop, Markus	SG Sparkasse Mülheim e. V	1971	13	30	00:46:32
140	3147 Jagalski, Dirk	SI Sport e.V.	1968	16	35	00:46:36
141	2590 Pötter, Thomas	DJK Teutonia St. Tönis	1962	21	40	00:46:50
142	2753 Tohermes, Gabriele	LG Hünxe	1956	3	45	00:46:57
143	2750 Dera, Alfred	LG Hünxe	1937	2	65	00:46:57
144	3188 Schneiderbanger, Konrad	TSV Viktoria Mülheim	1933	2	70	00:46:59
145	2916 Hofbauer, Jörg	Vodafone Runners	1964	17	35	00:47:01
146	2766 Melchert, Arno	*Nettetal	1970	14	30	00:47:01
147	3262 Bückers, Sebastian	LG Coesfeld	1986	15	18	00:47:10
148	2910 Delmich, Markus	Vodafone Runners	1969	15	30	00:47:11
149	2751 Schaaf, Detlef	LG Hünxe	1953	13	50	00:47:13
150	3152 Berg, Arne	SI Sport e.V.	1944	9	55	00:47:13
151	2444 Schneider, Udo	SC Bayer 05 Uerdingen	1947	10	55	00:47:16
152	3261 Wude, Steve	LG Coesfeld	1987	16	18	00:47:17
153	3082 Fretschen, Christian	AS Neukirchen-Vluyn	1968	18	35	00:47:17
154	2713 Fiedler, Michael	*Voerde	1963	22	40	00:47:20
155	2678 Schnitgerhans, Birgit	BSG WAZ Essen	1965	6	35	00:47:22
156	3159 Dietsch, Christian	*Duisburg	1961	23	40	00:47:24
157	2700 Scholzen, Raphael	*Mülheim an der Ruhr	1973	16	30	00:47:26
158	2670 Schumacher, Holger	BSG Sparkasse Lüdenscheid	1965	19	35	00:47:27
159	2950 Wagner, Norbert	AS Neukirchen-Vluyn	1950	14	50	00:47:29
160	2965 Koschare, Andreas	Hot Feet	1965	20	35	00:47:35
161	2741 Tohermes, Yves	LG Hünxe	1991	9	15	00:47:36
162	2683 Hillen, Dr. med. Raymund	TV Schwafheim	1951	15	50	00:47:41
163	2491 Vaassen, Wilfried	TV 1865 Ratingen	1944	11	55	00:47:43
164	2725 Plehnert, Michael	LC Duisburg	1955	17	45	00:47:43
165	2560 Macke, Herbert	DJK Adler 07 Bottrop	1936	3	65	00:47:44
166	3207 Wieder, Ulrich	LT Kettwig 2000	1966	21	35	00:47:45
167	3123 Saum, Rudolf	Trimet Aluminium AG	1950	16	50	00:47:48
168	3253 Hemkemeyer, Nicole	LG Coesfeld	1987	2	18	00:47:50
169	3186 Lingelmann, Jürgen	TSV Viktoria Mülheim	1963	24	40	00:47:57
170	2473 Ohlmann, Horst	LC Duisburg	1941	2	60	00:47:59
171	2647 Tack, Peter	BSG Sparkasse Essen e.V.	1962	25	40	00:48:00
172	2664 Müller, Annika	TG Tria Rüsselsheim	1974	1	22	00:48:09
173	2585 Jacobs, Claudia	DJK Teutonia St. Tönis	1959	3	40	00:48:11
174	3076 Knoch, Jörg	Spalter Rhede	1970	17	30	00:48:11
175	3161 Stelzer, Georg	DJK VFR Saarn	1940	3	60	00:48:14
176	2909 Daniel, Oliver	Vodafone Runners	1967	22	35	00:48:17
177	3187 Rathey, Christian	TSV Viktoria Mülheim	1939	4	60	00:48:19
178	2906 Beerlage, Bernhard	Vodafone Runners	1967	23	35	00:48:20
179	2511 Weickert, Uwe	*Gönnsheim	1966	24	35	00:48:22
180	2718 Lupp, Monika	Marathon Mülheim	1955	4	45	00:48:25
181	3193 Müller, Karolin	LT Starlight Team Essen	1985	3	18	00:48:28
182	2635 Mäteling, Rashid	TUB Bocholt	1986	17	18	00:48:29
183	2492 Gaber, Norbert	*Kaarst	1941	5	60	00:48:30
184	2479 Liebern, Hans-Ulrich	TG 1856 Mülheim	1959	26	40	00:48:31
185	2421 Kostanowicz, Frank	*Duisburg	1971	18	30	00:48:32
186	2368 Peter, Ronald	HLG 98 Wuppertal	1960	27	40	00:48:33
187	2559 Slanina, Norbert	*Bottrop	1952	17	50	00:48:36
188	3120 Ruckelshauß, Rolf	Trimet Aluminium AG	1949	18	50	00:48:39

189	2343 Schier, Irmgard	Siegburger TV	1955	5	45	00:48:44
190	3252 Terwey, Carolin	LG Coesfeld	1988	2	15	00:48:49
191	3002 Horigg, Volker	LC Duisburg	1959	28	40	00:48:51
192	2733 R��ther, Rebekka	*M��lheim	1985	4	18	00:48:52
193	2508 Gbur, Gabriele	DSC Wanne-Eickel	1957	6	45	00:48:53
194	2722 Rollmann, Georg	RV Oberhausen	1975	9	22	00:48:53
195	2562 Steinbach, J��rgen	LC Duisburg	1956	18	45	00:48:54
196	2582 Totzek, Detlev	SG Ruhrgas Essen	1955	19	45	00:48:54
197	3119 Reck, Sandra	Trimet Aluminium AG	1976	2	22	00:48:57
198	2621 Kolodziej, J��rgen	SV Siemens	1967	25	35	00:48:59
199	2738 Tohermes, Yannick	LG H��nxe	1988	10	15	00:49:00
200	2744 Haupt, Janina	LG H��nxe	1990	3	15	00:49:01
201	2672 Stiewe, Thomas	OSC Waldniel	1961	29	40	00:49:03
202	3281 Brieden, Karin	VT 1859 Kempen	1960	4	40	00:49:06
203	2355 Brauner, Kirstin	TUS Hamborn-Neum��hl	1968	7	35	00:49:06
204	2570 Hermann, Andrea	SG Ruhrgas Essen	1968	8	35	00:49:06
205	3176 Holthaus, Markus	TUS Breitscheid	1965	26	35	00:49:07
206	2874 Hilder, Friedhelm	*Oberhausen	1936	4	65	00:49:08
207	2892 Kalthoff, J��rgen	BSG Langlauf SSK Duisburg	1940	6	60	00:49:16
208	2930 Tenten, Arnold	Vodafone Runners	1963	30	40	00:49:17
209	3200 Sch��ben, Inge	OSC Waldniel	1976	3	22	00:49:17
210	2743 Laak, Van, Mareike	LG H��nxe	1986	5	18	00:49:18
211	2642 Botz, Guido	*Moers	1964	27	35	00:49:18
212	2747 Sadlo, Laura	LG H��nxe	1993	4	15	00:49:19
213	2456 Schilling-Frenk, Peter	Spalter Rhede	1975	10	22	00:49:20
214	2748 Dickmann, Volker	LG H��nxe	1966	28	35	00:49:23
215	3210 Nowatzki, Dirk	Oberhausener TV	1982	6	19	00:49:31
216	2569 Bl��mer, Dr. Dietmar	SG Ruhrgas Essen	1959	31	40	00:49:32
217	3220 van Loosen, Gerhard	LG M��lheim	1939	7	60	00:49:37
218	3056 Guddorf, G��nter	*Ratingen	1956	20	45	00:49:37
219	2594 Hercz, Stefan	DJK Teutonia St. T��nis	1964	29	35	00:49:41
220	3256 Hilgert, Ruth	LG Coesfeld	1961	5	40	00:49:42
221	2914 Hark, Andreas	Vodafone Runners	1967	30	35	00:49:52
222	2469 Cos, Philipp	*Duisburg	1989	11	15	00:49:52
223	2687 Krein, Bernd	SG 93 / 09 e.V. Essen	1963	32	40	00:49:54
224	2896 Adams, Hans-J��rgen	BSG Langlauf SSK Duisburg	1953	19	50	00:49:58
225	3101 M��hlberg, Martin	SG EVO/STOAG 1960	1965	31	35	00:50:02
226	2353 Schmeer, Michael	FC Viktoria Alpen	1961	33	40	00:50:04
227	2633 Englisch, Bernhard	*Oberhausen	1957	21	45	00:50:04
228	2359 Pamotat, Ralf	LT Bittermark	1963	34	40	00:50:07
229	3171 Strubel, Thomas	Kanu-Club Friedrichsfeld	1973	19	30	00:50:09
230	2564 Gies, Andreas	Running Crag	1972	20	30	00:50:10
231	3089 L��dtke, Mischa	*Oberhausen	1955	22	45	00:50:11
232	3260 Sch��ttler, Nils	LG Coesfeld	1989	12	15	00:50:13
233	3254 Lanfer, Daniela	LG Coesfeld	1977	4	22	00:50:15
234	2358 Leesten, Robert	SSV Erkrath	1960	35	40	00:50:26
235	2336 Bla��, Udo	*Dinslaken	1952	20	50	00:50:27
236	3184 Engels, Klaus-Dieter	TSV Viktoria M��lheim	1957	23	45	00:50:30
237	2379 Luetzenkirchen, Christoph	*Duisburg	1959	36	40	00:50:32
238	2584 Plischke, Gaby	DJK Teutonia St. T��nis	1958	7	45	00:50:34
239	2913 Fla��kamp, Christian	Vodafone Runners	1968	32	35	00:50:42
240	2398 Gipmans, Daniela	Viktoria Winnekendonk	1973	2	30	00:50:44
240	3195 Niehaus, Frederik	Coolrunners Gescher	1991	13	15	00:50:44
242	2352 R��sken, J��rg	FC Viktoria Alpen	1963	37	40	00:50:45
243	2708 R��dinger, Ute	*D��sseldorf	1970	3	30	00:50:55
244	3179 Reichenberger, Carmen	TUS Breitscheid	1959	6	40	00:50:56
245	3258 Gerding, Verena	LG Coesfeld	1990	5	15	00:51:03
246	2528 Mende, Michael	*Ratingen	1965	33	35	00:51:03
247	2777 Pohl, Tim	*Moers	1993	14	15	00:51:07
248	2964 Sch��ttigkeit, Horst	Hot Feet	1968	34	35	00:51:10
249	2401 M��ller, Dr. Frank	TC Solvay	1963	38	40	00:51:15
250	2467 Gornik, Peter	*Bottrop	1964	35	35	00:51:16
251	2507 Gbur, Peter	DJK TUS 1910 Rotthausen	1951	21	50	00:51:17

252	3219 Ettelt, Elfi	TLV Germania Überraehr	1953	3	50	00:51:20
253	3293 Hildebrandt, Michael	ÜWG Essen 94	1959	39	40	00:51:21
254	2644 Dudenbostel, Friedhelm	DJK VFR Saarn	1943	8	60	00:51:29
255	2623 Fieser, Heinz	*Duisburg	1951	22	50	00:51:30
256	2475 Schörken, Hanna	Ruhrorter TV	1985	6	18	00:51:32
257	2613 Büchel, Johannes	*Mülheim an der Ruhr	1986	18	18	00:51:37
258	2660 kryniewiecki, michael	*Duisburg	1968	36	35	00:51:38
259	3536 Usler, Lothar	*Mülheim	1960	40	40	00:51:39
260	2911 Dewes, Rainer	Vodafone Runners	1961	41	40	00:51:40
261	3045 Lenzen, Jürgen	Bockumer SV 1924e.V.	1964	37	35	00:51:43
262	2518 Meinke-Henn, Sabine	Homberger TV	1964	9	35	00:51:48
263	2948 Neubauer, Wolfgang	AS Neukirchen-Vluyn	1936	5	65	00:51:48
264	2924 Plieth, Stefan	Vodafone Runners	1960	42	40	00:51:49
265	3170 Ries, Holger	*Duisburg	1970	21	30	00:51:50
266	2883 Kosubek, Egon	Marathon Dinslaken	1933	3	70	00:51:52
267	3015 Mihrmeister, Jan	*gelsenkirchen	1980	11	22	00:52:00
268	2928 Schrammen, Olaf	Vodafone Runners	1968	38	35	00:52:03
269	2638 Brinkert, Ulrich	Taekwondo Center OB	1963	43	40	00:52:05
270	2880 Bialik, Matthias	Logger Jogger Duisburg	1970	22	30	00:52:05
271	2327 Kollender, Till Morten	LC Duisburg	1989	15	15	00:52:09
272	2598 Dengler, Lothar	Marathon Dinslaken	1956	24	45	00:52:11
273	3003 von Wolff, Markus	VC Fabrik Duisburg	1960	44	40	00:52:13
274	2949 Krude, Horst	AS Neukirchen-Vluyn	1940	9	60	00:52:15
275	2363 Dulisch, Doris	*Krefeld	1961	7	40	00:52:16
276	3106 Schulze, Karsten	*Mülheim	1956	25	45	00:52:18
277	3054 Fell, Marc	Running Gag	1969	23	30	00:52:19
278	2451 Braun, Klaus-Peter	*Duisburg	1948	12	55	00:52:22
279	2403 Burs, Karl-Heinz	*Duisburg	1954	26	45	00:52:23
280	2501 Rafalski, Karl	BSG Stadtwerke Duisburg	1953	23	50	00:52:25
281	2519 Götzen-Börke, Gabriele	Homberger TV	1965	10	35	00:52:29
282	2957 Edeler, Veronika	Bunert Running Team	1966	11	35	00:52:36
283	3121 Schöll, Elmar	Trimet Aluminium AG	1964	39	35	00:52:37
284	2970 Panzog, Stefan	BSG VICTORIA	1967	40	35	00:52:41
285	2453 Niklass, Peter	*Oberhausen	1961	45	40	00:52:41
286	3063 Neumann, Thomas	*Duisburg	1967	41	35	00:52:44
287	2350 Rösken, Bettina	FC Viktoria Alpen	1966	12	35	00:52:44
288	2409 Szkudlarek, Marco	*Castrop-Rauxel	1991	16	15	00:52:45
289	2640 POHL, GUIDO	GRUBENWEHR BW WEST	1966	42	35	00:52:49
290	3284 Hilgert, Theresa	LG Coesfeld	1989	6	15	00:52:54
291	2408 Kellner, Karin	SG Sparkasse Mülheim e. V	1969	4	30	00:52:54
292	2306 Stratmann, Norbert	SG Ruhrgas Essen	1940	10	60	00:53:02
293	2611 Helle, Bernhard	BSG WAZ Essen	1953	24	50	00:53:03
294	2981 Wrobel, Frank	BSG SSK Oberhausen	1971	24	30	00:53:10
295	3029 Schumacher, Peter	*Dinslaken	1962	46	40	00:53:15
296	3050 Schmid, Frank	*Langenfeld	1970	25	30	00:53:16
297	2471 Blomberg, Stefan	*Duisburg	1967	43	35	00:53:16
298	2483 Scharf, Timo	*Mülheim	1991	17	15	00:53:21
299	2321 Bluhm, Frank	Homberger TV	1966	44	35	00:53:22
300	3238 Konert, Anna-Lena	LG Coesfeld	1989	7	15	00:53:26
301	3067 Schmitz, Nicole	*Essen	1969	5	30	00:53:28
302	2771 Kunkel, Lothar	TV Jahn Duisburg	1955	27	45	00:53:30
303	3274 Dohmes, Gerd	Marathon Krefeld	1938	6	65	00:53:34
304	2481 Steins, Reinhard	*Meerbusch	1960	47	40	00:53:38
305	2431 Blauert, Uli	*Neukirchen-Vluyn	1953	25	50	00:53:39
306	2863 Lehmann, Ralf	TS Rahm	1966	45	35	00:53:40
307	3025 Benning, Klaus	*Mülheim	1961	48	40	00:53:44
308	2493 Seidel, Edeltraut	Lauffreff Wesel 130	1936	1	65	00:53:45
309	2347 Hörskes, Bernadette	FC Viktoria Alpen	1959	8	40	00:53:47
310	2768 Schwalbe, Dietmar	*Dinslaken	1942	11	60	00:53:49
311	2665 Hellen, Jörg	*Hünxe	1964	46	35	00:53:56
312	2887 Walschus, Martina	LC Duisburg	1964	13	35	00:53:56
313	2972 Howahl, Friedel	LT Schnecke Sonsbeck	1946	13	55	00:53:56
314	2870 Schmitz, Reiner	LG Mülheim	1958	28	45	00:53:57

315	2969 Wermelskirchen, David	BSG VICTORIA	1976	12	22	00:54:01
316	3075 Koopmann, Silvia	*Duisburg	1971	6	30	00:54:03
317	3046 Rueben, Sabine	SC Bayer 05 Uerdingen	1981	4	19	00:54:04
318	3213 Simon, Frank	SG Stern Wuppertal	1964	47	35	00:54:07
319	2540 Bruchhausen, Anja	Marathon Dinslaken	1970	7	30	00:54:07
320	2690 Bäumer, Stefan	*Essen	1958	29	45	00:54:07
321	2314 Flick, Ricardo	*Westerburg	1992	18	15	00:54:09
322	2612 Büchel, Manfred	DJK VFR Saarn	1950	26	50	00:54:10
323	2946 Miloszewski, Detlef	LT Barmenia	1952	27	50	00:54:12
324	3205 Dudjan, Christel	LT Kettwig 2000	1951	4	50	00:54:13
325	2458 Bongers, Dennis	MSV Duisburg LT	1986	19	18	00:54:15
326	2497 Ercan, Mehmet	BSG Stadtwerke Duisburg	1960	49	40	00:54:17
327	3069 Kasper, Iris	*Oberhausen	1967	14	35	00:54:19
327	2349 Schmeer, Elke	FC Viktoria Alpen	1962	9	40	00:54:19
329	3165 Geiger, Harald	BSV König Brauerei	1961	50	40	00:54:21
330	2867 Buck, Monika	*Wuppertal	1953	5	50	00:54:22
331	3141 Räth, Werner	LT Barmenia	1942	12	60	00:54:23
332	2544 Braun, Marina	TS 1912 Mülheim-Ruhr-Saar	1990	8	15	00:54:24
333	2520 Krusdick, Uschi	Weseler LT	1943	1	60	00:54:33
334	2346 Quinders, Hannelore	FC Viktoria Alpen	1958	8	45	00:54:34
335	3204 Büsching, Gitta	LT Kettwig 2000	1947	1	55	00:54:36
336	2374 Wallhorn, Marius	MSV Duisburg	1987	20	18	00:54:38
337	3014 Haar, Christian	*Duisburg	1969	26	30	00:54:39
338	2468 Buklewski, Theo	BWN Dental Technik	1951	28	50	00:54:40
339	2945 Röse, Alfred	LT Barmenia	1945	14	55	00:54:41
340	2341 Karcher, Gerd	*Duisburg	1953	29	50	00:54:42
341	2555 Staiber, Hans-Dieter	TUSPO Huckingen	1952	30	50	00:54:43
342	2998 Krieger, Ingeborg	TSV Hochdahl	1950	6	50	00:54:43
343	2385 Runkel, Dirk	*Mülheim an der Ruhr	1976	13	22	00:54:47
344	2643 Dudenbostel, Anne	DJK VFR Saarn	1948	2	55	00:54:50
345	2697 Langs, Stefan	BSG Sparkasse Lüdenscheid	1968	48	35	00:54:50
346	2348 Dittmann, Ute	FC Viktoria Alpen	1961	10	40	00:54:54
347	2586 Block, Ursula	DJK Teutonia St. Tönis	1954	9	45	00:54:59
348	2679 Staats, Klaus	Pallas-Gym	1964	49	35	00:55:02
349	3215 Ruf, Christian	SG Stern Wuppertal	1973	27	30	00:55:02
350	3172 Strubel, Wolfgang	Kanu-Club Friedrichsfeld	1971	28	30	00:55:03
351	2377 Becker, Heike	TV Trebur	1963	11	40	00:55:05
352	3167 Mölders, Andrea	DLRG-Rheurdt	1987	7	18	00:55:05
353	2514 Florin, Martin	Running Crag	1980	14	22	00:55:06
354	3248 Weller, Angelika	TSV Hochdahl	1937	2	65	00:55:06
355	3259 Strickling, Maren	LG Coesfeld	1986	8	18	00:55:06
356	3166 Deselaers, Kerstin	DLRG-Rheurdt	1986	9	18	00:55:09
357	2566 Schepers, Bernd	Homberger TV	1937	7	65	00:55:10
358	2729 Boruszewski, Wilfried	BSG König Brauerei	1954	30	45	00:55:10
359	2546 Hasselkamp, Klaus-Peter	Malteser KRKH St. Anna	1947	15	55	00:55:12
360	2885 Fliege, Andrea	Sterkrade Nord	1969	8	30	00:55:13
361	2315 Simon, Gaby	*Meerbusch	1946	3	55	00:55:14
362	2506 Esser, Stephanie	Styrumer Turnverein 1880	1989	9	15	00:55:14
363	2556 Bender, Siggi	TUSPO Huckingen	1956	31	45	00:55:16
364	3140 Goertz, Gerhard	LT Schnecke Sonsbeck	1939	13	60	00:55:16
365	2357 Schlott, Frank	Tuspo Saarn	1966	50	35	00:55:16
366	3092 Biermann, Ulrike	*Ratingen	1956	10	45	00:55:19
367	2730 Happe, Kerstin	MTG Horst Essen	1967	15	35	00:55:21
368	2531 Dumschat, Linda	ASV Duisburg	1986	10	18	00:55:24
369	2309 Dumschat, Thomas	LC Duisburg	1955	32	45	00:55:27
370	2919 Kraff, Torsten	Vodafone Runners	1972	29	30	00:55:28
371	3094 Doll, Mario	LC Nettetal	1967	51	35	00:55:30
372	2553 Diemers, Georg	TUSPO Huckingen	1961	51	40	00:55:30
373	2324 Romey, Wolfgang	*Düsseldorf	1948	16	55	00:55:31
374	3151 Mehlich, Hans-Peter	SI Sport e.V.	1959	52	40	00:55:32
375	2366 Fettes, Nicole	LT Krefelder Sprudel	1970	9	30	00:55:34
376	2561 Gerlach, Irmgard	TV Walsum Aldenrade	1953	7	50	00:55:37
377	3017 Selle, Thomas, E.R.	*Essen	1971	30	30	00:55:42

378	2952	Sondermeier, Ulli	WWDI	1957	33	45	00:55:44
379	2568	Brautzsch, Edith	BSG Springorum	1949	8	50	00:55:44
380	3273	Berendes, Reinhard	*Essen	1953	31	50	00:55:47
381	2592	Block, Klaus	DJK Teutonia St. Tönis	1953	32	50	00:55:48
382	2869	Geiser, Zuzana	Ski Club Duisburg	1952	9	50	00:55:51
383	3011	Krayer, Rudolf	*Ratingen	1946	17	55	00:55:52
384	2533	Hallmann, Ulrich	Marathon Dinslaken	1960	53	40	00:55:53
385	2517	Stangel, Sabine	Styrumer Turnverein 1880	1974	5	22	00:55:53
386	2993	Fileccia, Salvatore	BSG SSK Oberhausen	1966	52	35	00:55:55
387	2902	Vanscheidt, Jürgen	*Mülheim	1957	34	45	00:55:59
388	2345	Bredick, Petra	LF Serm	1962	12	40	00:56:06
389	2960	Stumm, Udo	*Duisburg	1948	18	55	00:56:08
390	3232	Roth, Ulrike	Tusem Essen	1955	11	45	00:56:09
391	2865	Zinkand, Josef	SF Ennepetal	1946	19	55	00:56:09
392	2866	Groß, Margrit	SF Ennepetal	1949	10	50	00:56:10
393	2607	Brinkmann, Sandra	*Rheurd	1969	10	30	00:56:12
394	2973	Hageney, Willi	LT Schnecke Sonsbeck	1952	33	50	00:56:12
395	2308	Hottenrott, Ines	Angertreff	1959	13	40	00:56:16
396	3268	Hülsmann, Marcel	LG Coesfeld	1990	19	15	00:56:19
397	2859	Swillus, Sonja	LG Meidericher Laufteufel	1968	16	35	00:56:20
398	2502	Wahn, Michael	BSG Stadtwerke Duisburg	1958	35	45	00:56:32
399	2509	Kujas, Ariane	*Langenfeld	1958	12	45	00:56:33
400	3028	Körner, Heike	Essener Skiklub	1964	17	35	00:56:36
401	2632	Juschka, Bettina	*Duisburg	1962	14	40	00:56:38
402	2334	Sondram, Heinz-H.	*Ratingen	1957	36	45	00:56:42
403	2487	Pelzer, Dieter	LBN Duisburg	1939	14	60	00:56:43
404	2734	Galhofer, Frank	*Duisburg	1965	53	35	00:56:48
405	2877	Winkler, Wolfgang	*Düsseldorf	1952	34	50	00:56:48
406	2510	Oestreich, Uschi	TV Trebur	1959	15	40	00:56:51
407	2311	Idelberger, Birgit	*Duisburg	1959	16	40	00:56:54
408	2422	Beese, Klaus	*Mülheim	1951	35	50	00:56:58
409	2413	Burmann, Dieter	*Duisburg	1960	54	40	00:57:04
410	3257	Konert, Doris	LG Coesfeld	1954	13	45	00:57:05
411	3255	Wude, Annett	LG Coesfeld	1964	18	35	00:57:06
412	2933	Wennesheimer, Michael	Vodafone Runners	1973	31	30	00:57:09
413	2428	Verfürth, Andreas	*Neukirchen-Vluyn	1963	55	40	00:57:13
414	3286	Jong, de, Christiane	*Duisburg	1968	19	35	00:57:17
415	2968	Lehmann, Kersten	BSG VICTORIA	1965	54	35	00:57:17
416	2898	Lamerz, Heike	BSG Langlauf SSK Duisburg	1960	17	40	00:57:21
417	2445	Scharnholtz, Christian	running fish	1973	32	30	00:57:26
418	2494	Schmitt, Rudolf	*Duisburg	1944	20	55	00:57:29
419	3130	Jost, Paul	SUS Dinslaken	1925	1	75	00:57:30
420	2429	Fritsch, Marion	*Neukirchen-Vluyn	1959	18	40	00:57:31
421	3224	Eicker, Christian	TUS Ennepe 1926	1988	20	15	00:57:34
422	2415	Klees, Tanja	Styrumer Turnverein 1880	1975	6	22	00:57:36
423	3169	Steinke, Mathias	Stone Alone	1969	33	30	00:57:37
424	3095	Both, Andrea	*Ratingen	1978	7	22	00:57:38
425	2581	Totzek, Andrea	SG Ruhrgas Essen	1963	19	40	00:57:39
426	2484	Wellhausen, Cornelia	*Duisburg	1974	8	22	00:57:39
427	2953	Stienen, Willi	WWDI	1956	37	45	00:57:51
428	2698	Petrick, Beate	*Ratingen	1969	11	30	00:57:53
429	2333	Nitsch, Peter	*Dinslaken	1959	56	40	00:57:53
430	2851	Fürst, Anica	*Velbert	1982	5	19	00:57:55
431	2380	Schmidt, Hans-Werner	*Duisburg	1952	36	50	00:57:55
432	3275	Berndt, Wilfried	CSV Marathon Krefeld	1949	37	50	00:57:57
433	2418	Gocke, Dr. med. Carola	*Essen	1964	20	35	00:57:57
434	2958	Niederort, Nicole	TV Friesen Wuppertal	1982	6	19	00:57:59
435	3177	Neumann, Dieter	TUS Breitscheid	1934	8	65	00:57:59
436	2926	Sadlowski, Erich	Vodafone Runners	1966	55	35	00:58:00
437	2416	Lorz, Jörg	ESV-Hohenbudberg	1965	56	35	00:58:00
438	2335	Neikes, Holger	*Duisburg	1956	38	45	00:58:04
439	2425	Bremer, Cornelia	*Essen	1965	21	35	00:58:05
440	3155	Bremenkamp, Volker	*Duisburg	1968	57	35	00:58:07

441	2470 Starzan, Ulrike	*Duisburg	1960	20	40	00:58:08
442	3133 Soltysik, Stephan	*Duisburg	1991	21	15	00:58:09
443	2936 Wöhrmann, Ken	TUSPO Huckingen	1991	22	15	00:58:10
444	3116 Laub, Joachim	Trimet Aluminium AG	1948	21	55	00:58:10
445	3154 Bremenkamp, Sabine	*Duisburg	1971	12	30	00:58:10
446	3114 Wolff, Werner	*Duisburg	1953	38	50	00:58:10
447	2850 Brodowski, Boris	DLRG Alpen	1970	34	30	00:58:11
448	3071 Senzek, Fabian	Lauffreff Issum,Turbo Sch	1986	21	18	00:58:15
449	2500 Neuburg, Werner	BSG Stadtwerke Duisburg	1952	39	50	00:58:19
450	2595 Günther, Karl-Heinz	ETUS Wedau	1957	39	45	00:58:19
451	3212 Simon, Kirsten	SG Stern Wuppertal	1967	22	35	00:58:19
452	2889 Bolling, Annette	BSG Langlauf SSK Duisburg	1979	9	22	00:58:21
453	1231 Totzke, Jürgen	*Duisburg	1952	40	50	00:58:21
454	3287 Stangel, Karsten	*Mülheim	1970	35	30	00:58:27
455	2876 Heistermann, Barbara	*Duisburg	1958	14	45	00:58:29
456	2603 Wolff, Angelika	TV Wanheimerort	1951	11	50	00:58:32
457	2977 Schulte, Uschi	LT Schnecke Sonsbeck	1950	12	50	00:58:34
458	3111 Bartels, Swantje	Wassersportverein Mülheim	1971	13	30	00:58:35
459	2954 Kocks, Wolfgang	WWDI	1946	22	55	00:58:36
460	2657 Nest, Wolfgang	*Duisburg	1962	57	40	00:58:40
461	2943 Staudt, Heiner	LT Barmeria	1973	36	30	00:58:46
462	2567 Schepers, Dorothea	Homberger TV	1939	2	60	00:58:50
463	2962 Mengede, Heike	*Marl	1968	23	35	00:58:51
464	2653 Kridde, Axel	*Rheinberg	1961	58	40	00:58:52
465	2420 Preuß, Petra	*Duisburg	1969	14	30	00:58:54
466	3270 Heese, Joachim	TC Köln Jena	1954	40	45	00:59:02
467	3157 Rumpel, Michel	*Voerde	1985	22	18	00:59:02
468	2853 Dietrich, Anne	*Duisburg	1961	21	40	00:59:03
469	3247 Loeffler, Stefanie	*Dinslaken	1968	24	35	00:59:04
470	3218 Struwe, Susanne	TLV Germania Überraehr	1959	22	40	00:59:04
471	2543 Ludwig, Birgit	Marathon Dinslaken	1957	15	45	00:59:05
472	2864 Waßer, Karina	*Mülheim	1962	23	40	00:59:05
473	2606 Bär, Petra	*Düsseldorf	1962	24	40	00:59:08
474	2608 Tommek, Monika	*Düsseldorf	1961	25	40	00:59:09
475	2890 Scholzen, Jana	BSG Langlauf SSK Duisburg	1977	10	22	00:59:11
476	2686 Malgut, Lothar	SG 93 / 09 e.V. Essen	1950	41	50	00:59:12
477	2532 Wichert, Sebastian	Marathon Dinslaken	1988	23	15	00:59:13
478	2624 Schilbach, Marion	LT Krefelder Sprudel	1959	26	40	00:59:14
479	2727 Michely, Helen	*Moers	1948	4	55	00:59:17
480	3126 Gorning, Simone	Trimet Aluminium AG	1965	25	35	00:59:17
481	2897 Paffrath, Andrea	BSG Langlauf SSK Duisburg	1968	26	35	00:59:18
482	2971 Rohn, Sonja	BSG VICTORIA	1969	15	30	00:59:23
483	2319 Pärschke, Klaus	*Oberhausen	1956	41	45	00:59:24
484	2668 Kortmann, Iris	BSG Sparkasse Lüdenscheid	1967	27	35	00:59:24
485	2939 Weingran, Hans	LG DEMAG	1943	15	60	00:59:26
486	2645 Borgards, Andrea	*Sonsbeck	1970	16	30	00:59:28
487	2572 Klimm, Petra	SG Ruhrgas Essen	1979	11	22	00:59:29
488	2583 Wegner, Laura	SG Ruhrgas Essen	1981	7	19	00:59:30
489	2905 Flores, Dagmar	Essener Skiklub	1969	17	30	00:59:30
490	2955 Luck, Sabine	EVK Düsseldorf Marathon-T	1968	28	35	00:59:32
491	3271 Scheuerer, Angelika	LT Rennhamster	1956	16	45	00:59:36
492	3107 Köller, Ulrich	TV Jahn DU-Hochfeld	1935	9	65	00:59:42
493	2312 Simon, Peter	*Meerbusch	1940	16	60	00:59:47
494	2770 Schilling, Elli	*Moers	1983	8	19	00:59:47
495	3117 Wegner, Norbert	Trimet Aluminium AG	1950	42	50	00:59:48
496	2941 Klaus, Elke	LT Barmeria	1959	27	40	00:59:50
497	2535 Drews, Günter	Marathon Dinslaken	1954	42	45	00:59:50
498	2755 Block Dr., Helga	Tusem Essen	1956	17	45	00:59:54
499	3223 Steinbach, Marius	TUS Ennepe 1926	1992	24	15	00:59:54
500	3132 Reißner, Sabrina	*Duisburg	1980	12	22	01:00:00
501	2717 Fricke, Carmen	*Mülheim an der Ruhr	1964	29	35	01:00:08
502	2976 Hemmers, Ulla	LT Schnecke Sonsbeck	1955	18	45	01:00:17
503	2978 Paßens, Elfriede	LT Schnecke Sonsbeck	1952	13	50	01:00:17

504	3283 Höller, Ralf	*radevormwald	1964	58	35	01:00:18
505	3235 Hegerich, Wolfgang	TG 1881 Düsseldorf	1946	23	55	01:00:18
506	3201 Neumann, Anke	*Essen	1966	30	35	01:00:18
507	2762 Kluth, Andrea	BSG Stadtwerke Duisburg	1966	31	35	01:00:19
508	2655 Schauties, Melanie	BSG Sparkasse Lüdenscheid	1973	18	30	01:00:24
509	2310 Siepen, Anja	*Oberhausen	1971	19	30	01:00:30
510	2433 Arentz, Klaus-Peter	*Duisburg	1958	43	45	01:00:32
511	3249 Koberg, Dorothee	*Bochum	1966	32	35	01:00:36
512	2454 Kramer, Anna	TV Eppinghofen Mülheim	1992	10	15	01:00:40
513	2746 Winkler, Cora	LG Hünxe	1992	11	15	01:00:43
514	2925 Pschyrrer, Thomas	Vodafone Runners	1966	59	35	01:00:47
515	3233 Neumann, Ulrich	Ski Club Remscheid	1943	17	60	01:00:50
516	2499 Keuser, Hans-Joachim	BSG Stadtwerke Duisburg	1950	43	50	01:00:52
517	2724 Speh, Michael	*Duisburg	1971	37	30	01:00:54
518	2628 Schaechner-Masurek, Chris	TC Köln Jena	1960	28	40	01:00:55
519	2541 Lonny, Andrea	Marathon Dinslaken	1964	33	35	01:00:56
520	2888 Wagner, Birgit	*Duisburg	1965	34	35	01:00:56
521	2417 Lohmann, Brigitte	LT Krefeld- Oppum	1966	35	35	01:01:03
522	2975 Howahl, Gabi	LT Schnecke Sonsbeck	1949	13	50	01:01:07
523	3062 Mosch, Stefan	Osterather TV	1967	60	35	01:01:10
524	2959 Melcher, Beate	TV Friesen Wuppertal	1950	14	50	01:01:13
525	3093 Krebber, Sarah	*Geldern	1984	11	18	01:01:14
525	2856 van Vugt, Katja	GSV Geldern 09/34 e.V.	1983	9	19	01:01:14
527	2539 Karden, Wilfried	Marathon Dinslaken	1936	10	65	01:01:14
528	2646 Tack, Elfriede	BSG Sparkasse Essen e.V.	1961	29	40	01:01:16
529	2676 Kamp, Diane	*Moers	1974	14	22	01:01:20
530	2317 Emmer, Norbert	*Meerbusch	1933	4	70	01:01:22
531	3222 Steinbach, Annette	TUS Ennepe 1926	1962	30	40	01:01:26
532	3048 Geidel, Karin	*Duisburg	1957	19	45	01:01:28
533	2618 Hoppe, Simone	LG FSUe	1978	15	22	01:01:32
534	3129 Albertini, Werner	Rumelner TV 1900	1943	18	60	01:01:39
535	3032 Küsgen, Katharina	Fun Runner VfL Gladbeck	1982	10	19	01:01:47
536	2303 Fünten, aus der, Anja	*Duisburg	1975	16	22	01:01:49
537	2495 Giesberg, Rita	*Duisburg	1959	31	40	01:01:59
538	3057 Fischer, Martina	VFL Gladbeck	1970	20	30	01:01:59
539	2442 Teggers, Angelika	KG Marxloher-Jecken	1963	32	40	01:02:00
540	2354 Weitzel, Uschi	*Monheim	1956	20	45	01:02:01
541	3105 Fenke, Monika	*Duisburg	1960	33	40	01:02:04
542	2662 Klemann, Birgit	*Möhnesee	1952	15	50	01:02:16
543	3026 Laub, Gabi	*Düsseldorf	1951	16	50	01:02:19
544	3009 Kropp, Annette	*Düsseldorf	1966	36	35	01:02:20
545	3146 Fischbach, Alexandra	SI Sport e.V.	1970	21	30	01:02:21
546	2399 Flügel, Frank	GSV Moers	1956	44	45	01:02:23
547	2552 Diemers, Monika	TUSPO Huckingen	1962	34	40	01:02:24
548	2524 Kietzmann, Beate	Squash Club Wipperf.	1960	35	40	01:02:30
549	2537 Lentzen, Friedel	Marathon Dinslaken	1946	24	55	01:02:32
550	2402 Müller, Ute	TC Solvay	1963	36	40	01:02:34
551	3034 Hahn, Marion	Rasende Hasen Düsseldorf	1971	22	30	01:02:40
552	2903 Leukel, Birgit	Essener Skiklub	1963	37	40	01:02:46
553	2388 Hufen, Dieter	*Moers	1962	59	40	01:02:48
554	3010 Kreifelts, Alexandra	*Duisburg	1969	23	30	01:02:53
555	2901 Harzheim, Claudia	Essener Skiklub	1959	38	40	01:02:54
556	2878 Seckler, Frank	*Oberhausen	1960	60	40	01:02:58
557	2390 Keller, Klaudia	*Duisburg	1958	21	45	01:02:59
558	2879 Sauer, Manuela	*Mülheim	1963	39	40	01:02:59
559	2904 Bukowski, Susanne	Essener Skiklub	1965	37	35	01:03:01
560	3083 Krah, Bettina	VFL Gladbeck	1975	17	22	01:03:12
561	3084 Schulz, Lothar	VFL Gladbeck	1952	44	50	01:03:12
562	2427 Arentz, Elisabeth	*Duisburg	1961	40	40	01:03:30
563	3031 Küsgen, Marlis	Fun Runner VfL Gladbeck	1948	5	55	01:03:30
564	2437 Hardt, Jürgen	*Duisburg	1956	45	45	01:03:31
565	2480 Fierlings, Inge	LC Duisburg	1942	3	60	01:03:34
566	3269 Haefs, Regina	*Bochum	1966	38	35	01:03:36

567	3162	Bliesner, Friedhelm	*Duisburg	1948	25	55	01:03:37
568	2464	Hermanns, Franziska	*Mülheim	1969	24	30	01:03:40
569	2554	Bender, Marita	TUSPO Huckingen	1953	17	50	01:03:41
570	3216	Stahhuber, Josef	SG Stern Wuppertal	1949	45	50	01:03:44
571	2758	Garden, Heinz	LG Hünxe	1946	26	55	01:03:48
572	2423	Beese, Petra	*Mülheim	1956	22	45	01:03:51
573	3103	Rieck, Charlotte	LF HADI Wesel	1957	23	45	01:03:56
574	2675	Buchloh, Günter	*Mülheim an der Ruhr	1965	61	35	01:03:56
575	2674	Fux, Hans	*Mülheim an der Ruhr	1964	62	35	01:03:56
576	2436	Welz, Christl	ETUS Wedau	1956	24	45	01:03:58
577	2673	Fux, Susanne	*Mülheim an der Ruhr	1969	25	30	01:03:58
578	2527	Moser, Fritz	ETUS Wedau	1928	2	75	01:03:59
579	3088	Rösch, Julia	*Duisburg	1982	11	19	01:04:05
580	2652	Mrozek, Thomas	*Rheinberg	1961	61	40	01:04:05
581	2488	Eick, Heinz	LBN Duisburg	1927	3	75	01:04:08
582	2571	Kiel-Tippner, Stephanie	SG Ruhrgas Essen	1967	39	35	01:04:12
583	2579	Rohr, Swantje	SG Ruhrgas Essen	1966	40	35	01:04:12
584	3163	Schneider, Martin	*Duisburg	1966	63	35	01:04:14
585	2392	Koehler, Klaus	*Krefeld	1947	27	55	01:04:17
586	2466	Nieder, Angelika	*Duisburg	1957	25	45	01:04:17
587	3104	Heikamp, Sandra	LF HADI Wesel	1970	26	30	01:04:19
588	2875	Lippke, Rainer	Eintracht Duisburg	1947	28	55	01:04:19
589	2382	Schulz, Olaf	running fish	1969	38	30	01:04:19
590	2395	Wischerhoff, Johannes	running fish	1968	64	35	01:04:20
591	2604	Saiid, Melanie	TV Wanheimerort	1984	12	18	01:04:20
592	2881	Küpper, Wilfried	*Duisburg	1955	46	45	01:04:21
593	2940	Siemens, Ludmilla	LT Barmenia	1958	26	45	01:04:22
594	2861	Möring, Wilhelm	LG Meidericher Laufteufel	1938	11	65	01:04:33
595	2578	Schmuck, Nicole	SG Ruhrgas Essen	1975	18	22	01:04:37
596	3005	Gerhards, Martina	Grindsbruchgazellen	1972	27	30	01:04:37
597	3004	David, Bianca	Grindsbruchgazellen	1973	28	30	01:04:38
598	3073	Richter-Nolte, Heidi	LT Issum, Turbo Schnecken	1962	41	40	01:04:42
599	2979	Engels, Petra	BSG SSK Oberhausen	1969	29	30	01:04:47
600	2987	Kuhlmann, Simone	BSG SSK Oberhausen	1978	19	22	01:04:48
601	3072	Senzek, Nora	LT Issum, Turbo Schnecken	1954	27	45	01:04:51
602	2715	Hucken, Sabine	LT Rennhamster	1969	30	30	01:04:54
603	3118	Heun, Michael	Trimet Aluminium AG	1957	47	45	01:04:57
604	2641	Potschka, Volker	*Moers	1966	65	35	01:04:59
605	2688	Schmidt, Claudia	SG 93 / 09 e.V. Essen	1958	28	45	01:05:02
606	3113	Schürmann, Susanne	*Mülheim	1961	42	40	01:05:02
607	3127	Manns, Ellen	Trimet Aluminium AG	1971	31	30	01:05:08
608	2942	Klaus, Ralf	LT Barmenia	1958	48	45	01:05:12
609	2340	Derx, Doris	Tusem Essen	1948	6	55	01:05:14
610	2600	Stahmer, Charlotte	RC Muskeliere Wuppertal	1937	3	65	01:05:31
611	2522	Hellermann, Beatrix	Squash Club Wipperf.	1960	43	40	01:05:31
612	3241	Hausmann, Anja	*Willich	1970	32	30	01:05:45
613	3251	Buchholz-Janissen, Bärbel	*Duisburg	1965	41	35	01:05:49
614	3214	Drossard, Andreas	SG Stern Wuppertal	1964	66	35	01:05:52
615	3144	Stöcker, Nicole	SI Sport e.V.	1970	33	30	01:05:53
616	2695	Lis, Karin	*Dinslaken	1959	44	40	01:05:58
617	2440	Baumgartner, Dorit	Angerrunner Duisburg	1948	7	55	01:05:59
618	3013	Vaupel, Stefanie	LSG Kamp-Lintfort	1971	34	30	01:05:59
619	2372	Nusselein, Susanne	Kempener Leichtathletik-C	1959	45	40	01:05:59
620	2486	Weidenmüller, Werner	Angerrunner Duisburg	1955	49	45	01:05:59
621	3150	Spano-Mehlich, Gudrun	SI Sport e.V.	1955	29	45	01:06:02
622	3160	Kohn, Mignon	*Duisburg	1975	20	22	01:06:33
623	2714	Lücker, Sabine	*Ratingen	1973	35	30	01:06:38
624	2918	Koch, Joachim	Vodafone Runners	1969	39	30	01:06:40
625	2387	Theißen, Dorothee	*Duisburg	1969	36	30	01:06:48
626	2313	Baur, Willi	*Meerbusch	1940	19	60	01:06:59
627	2597	Üzel, Gabriele	Marathon Dinslaken	1955	30	45	01:07:05
628	3016	Reinhold, Meike	*Duisburg	1972	37	30	01:07:11
629	3000	Daube, Dr. Thomas	*Duisburg	1969	40	30	01:07:14

630	2459 Pilmaier, Monika	*Duisburg	1960	46	40	01:07:15
630	3080 Speckamp, Friedel	*Dinslaken	1948	29	55	01:07:15
632	2344 Wojak, Petra	*Essen	1966	42	35	01:07:16
633	2720 van Treel, Annette	*Duisburg	1962	47	40	01:07:31
634	2369 Heinen, Mark	Ski-Club Cronenberg 1929	1989	25	15	01:07:31
635	2721 Beyer, Gaby	*Duisburg	1958	31	45	01:07:31
636	2860 Altenweg, Sandra	*Duisburg	1971	38	30	01:07:36
637	3142 Hustadt, Rainer	LT Barmenia	1951	46	50	01:07:39
638	3137 Brüggemann, Birgit	*Oberhausen	1957	32	45	01:07:40
639	2434 Beese, Ralf	*Mülheim	1987	23	18	01:07:40
640	2302 Vielhaber, Barbara	SC Phönix Essen	1951	18	50	01:07:43
641	2482 Röttinger, Detlef	*Gladbeck	1962	62	40	01:07:50
642	2424 Beese, Sonja	*Mülheim	1984	13	18	01:07:52
643	3085 Dams, Sabine	*Mülheim	1962	48	40	01:07:55
644	2362 Scharlowsky, Manfred	*Erkrath	1958	50	45	01:07:56
645	2549 Sadra, Birgitta	*Duisburg	1954	33	45	01:08:02
646	2305 Stratmann, Kirsten	SG Ruhrgas Essen	1966	43	35	01:08:06
647	3136 Bock, Heidrun	*Oberhausen	1963	49	40	01:08:07
648	2307 Stratmann, Luise	SG Ruhrgas Essen	1942	4	60	01:08:07
649	2371 Handke, Monika	TV Wuppertal 1900	1966	44	35	01:08:09
650	2489 Pelzer, Karin	LBN Duisburg	1956	34	45	01:08:19
651	2619 Wenk, Marion	LG FSUe	1971	39	30	01:08:27
652	3225 Eicker, Carolin	TUS Ennepe 1926	1992	12	15	01:08:31
653	3022 Menken, Prof. Dr. Frankov	*Duisburg	1971	41	30	01:08:33
654	3021 Haves, Anne	*Duisburg	1971	40	30	01:08:33
655	2370 Tournée, Irene	*Duisburg	1965	45	35	01:08:39
656	3060 Aust, Heike	LT Hülser Bruch	1961	50	40	01:08:39
657	3061 Aust, Günter	*Krefeld	1957	51	45	01:08:39
658	2558 Watzin, Heike	*Ratingen	1978	21	22	01:08:43
659	2361 Esztermann, Karin	LT Rennhamster	1951	19	50	01:08:47
660	2716 Hoffmann, Helmut	Bayer 08	1976	15	22	01:08:57
661	2899 Lamerz, Bernward	BSG Langlauf SSK Duisburg	1959	63	40	01:09:17
662	2938 Förster, Ulrike	*Duisburg	1962	51	40	01:09:21
663	2937 Pingel, Britta	*Duisburg	1959	52	40	01:09:26
664	2542 Greifenberger, Renate	Marathon Dinslaken	1961	53	40	01:09:35
665	3156 Gooßes, Wolfgang	Viktoria Beeck	1947	30	55	01:09:35
666	2966 Koschare, Jürgen	Hot Feet	1973	42	30	01:09:41
667	2405 Unterberg, Silvia	*Duisburg	1972	41	30	01:09:46
668	2404 Kraus, Claudia	*Duisburg	1972	42	30	01:09:46
669	2381 Schmidt, Karina	*Duisburg	1953	20	50	01:09:50
670	2503 Kaufhold, Beate	BSG Stadtwerke Duisburg	1963	54	40	01:09:50
671	2342 Hitzbleck, Alexandra	*Ratingen	1972	43	30	01:10:05
672	3135 Reichling, Iris	*Duisburg	1962	55	40	01:10:39
673	2548 Dorscheid, Astrid	*Duisburg	1960	56	40	01:10:50
674	2710 Bajorat, Petra	*Essen	1966	46	35	01:10:55
675	2356 Brack, Heike	*Duisburg	1965	47	35	01:10:56
676	2599 Niedt, Rolf	LC Wuppertal	1935	12	65	01:10:57
677	3134 Soltysik, Dagmar	*Duisburg	1956	35	45	01:11:00
678	2912 Engelhardt, Sabine	Vodafone Runners	1961	57	40	01:11:34
679	2709 Lohsin, Annette	*Mülheim an der Ruhr	1968	48	35	01:11:51
680	2435 Raczek, Corina	*Bottrop	1966	49	35	01:11:55
681	2763 Kaminski, Annette	KSV Wedau	1968	50	35	01:11:56
682	3074 Norkowski, Elke	LT Issum, Turbo Schnecken	1975	22	22	01:12:29
683	3065 Roderfeld, Margit	Realschule Fahrn	1971	44	30	01:13:03
684	2891 Kubus, Kerstin	BSG Langlauf SSK Duisburg	1971	45	30	01:13:38
685	2411 Bachran, Petra	*Duisburg	1958	36	45	01:14:17
686	2944 Mierswa, Ralf	LT Barmenia	1948	31	55	01:14:33
687	3234 Hofmann, Horst	*Erkrath	1935	13	65	01:15:26
688	2432 Stein, Renate	Fun Runner	1943	5	60	01:16:30
689	2373 Heinen, Britta	HLG 98 Wuppertal	1959	58	40	01:17:23
690	2649 Fischer, Katrin	Turboschnecken Lüdenschei	1965	51	35	01:21:33
691	2967 Koschare, Rüdiger	Hot Feet	1971	43	30	01:23:35

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